

Contents

EXCITING TIMES

WEEKLY REPORT FROM THE HEAD TEACHER

Dear Parents & Carers,

We have enjoyed a wonderful history-themed week at Lillington. Under the guidance of World Book Day, we have selected parents and children who we think have done well in their writing. We have also had some lovely photos of children reading to their friends. We will be sharing these on our website and on our Facebook page. We will also be sharing some of the children's writing on our website and on our Facebook page.

Thank you for your support and for making this week so special. We will be looking forward to seeing you at school for the start of the next week.

Yours faithfully,
Mrs. [Name]

Remember to try the weekend challenge - these points are up for grabs. Please click here to see the weekend challenge.

LEARNING AT LILLINGTON

What is a knowledge organiser?

A knowledge organiser is a document which lists the key facts and information that you need to know for a particular topic. It is a tool to help you remember and organise your learning.

- It helps you to focus on the most important information.
- It helps you to see how the different pieces of information fit together.
- It helps you to see how the information changes over time.
- It helps you to see how the information is used in the real world.

Knowledge Organisers are used in many schools and are a key part of the curriculum. They are used to help children to learn and remember the key facts and information that they need to know for a particular topic.

WEEKEND CHALLENGE 3

For the weekend challenge this week, we will be focusing on history. Mrs Porter would like you to research a local person of interest - Turpin, Shakespeare, Jackson or Whittle are some names for inspiration. You can draw a picture, create a non-chronological report, show off your computing skills and create a PowerPoint or see if you can write a set of clues for us to try and guess who your person of interest is.

History Detectives

Dr Henry Apthorp, Ransford Turpin, Dr William Shakespeare, Dr Frank Whittle

HISTORY

NURSERY 2 YEAR OLDS

This week Nursery 2 Year Olds have been learning the importance of brushing their teeth through singing the morning rhyme.

This is the way we brush our teeth



NURSERY 3 YEAR OLDS

This week we have been looking at brushing and making the 'tooth fairy' rhyme. We have been making the 'tooth fairy' rhyme and making the 'tooth fairy' rhyme.



RECEPTION - BEVAN

Reception had a fantastic World Book Day and they all looked fantastic in their costumes. We welcomed lots of parents for our story session, as well as listening to the author of the 1930s and Grandson stories reading one of her stories.



YEAR ONE - DARWIN

Year 1 have continued to explore electricity in their lessons. They have been using the concept of a circuit to make a simple circuit. They have been using the concept of a circuit to make a simple circuit.



YEAR TWO - PEAKE

Year 2 really enjoyed showing their parents and carers our school library. Thank you for coming into school.



MAPLE CLASS

Making Cookies



YEAR THREE - DREW

Year 3 have been doing a lot of work on geography. We have been learning about the different continents and countries. We have been learning about the different continents and countries.



YEAR FOUR - HOPPER

Year 4 have enjoyed speed writing to practice our spelling. See the video on our Facebook page and had fun with World Book Day.



YEAR FIVE - KING

King Class had a great day for World Book Day. As part of the day the children get to choose a book to keep, were some amazing costumes and received a book voucher. Their swimming sessions have also been going well and they are becoming much more confident in the water.



YEAR SIX - FITZGERALD

This week in Fitzgerald, the children have been exploring their art through their painting. They have been exploring their art through their painting.



LSPTFA

LSPTFA is a charity that provides support and resources for children and young people with learning difficulties. We are currently looking for volunteers to help us with our work.



NOTICES

Notice of a church service on the 1st of November. Please click here to see the church service.



MENU - WEEK 3

Weekly Menu for Week 3. Please remember to tell school if your child has an allergy or food intolerance. Thank you!



Placeholder for additional content or notices.



Mrs V Wallace
Head Teacher

WEEKLY REPORT FROM THE HEAD TEACHER

Dear Parents & Carers,

We have enjoyed a wonderful literacy themed week at Lillington. Under the umbrella of World Book Day, we have welcomed parents and carers into school to enjoy our library and spend some time reading together. Parent/ carer support of a child's learning is so important, and we thank you all for taking the time to visit this week.

Well done to everyone who dressed up for World Book Day yesterday we saw lots of amazing characters, and it was a treat for some of the staff too!

Please remember that Monday is a teaching training day - children will not be in school. On Friday we will be celebrating Red Nose Day.

Enjoy your weekend, we look forward to welcoming you all back on Tuesday.

Best wishes,

Mrs Wallace
Head Teacher

Remember to try the weekend challenge - House points are up for grabs! [Please click here to see the weekend challenge](#)



DO SOMETHING FUNNY FOR MONEY

SCAN HERE TO DONATE



WHAT?

Wear something red & prepare a joke to share with your classmates. Parents can make a donation via parentpay. Scan the QR code.

WHEN?

Friday 15th March 2024

WHERE?

Lillington Nursery and Primary School

Get more posters at comicroelief.com/downloads

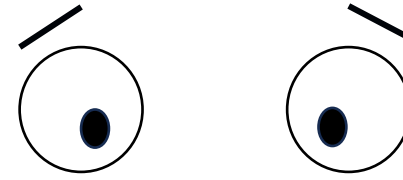


Red Nose Day is an initiative of Comic Relief, a registered charity in England and Wales (1089464) and Scotland (SC013587) and company limited by guarantee registered in England (3108816), registered address: 100, The Arches, Chapel House, York YO1 9PH.



FRIDAY 15 MARCH

Children are invited to be in non uniform and wear red for the day. They can bring in a joke to share with their class.



Friday 15th March

The poster was sent home to explain arrangements for Red Nose Day on Friday.

[Please click here to donate to Red Nose Day.](https://app.parentpay.com/ParentPayShop/Foc/De)

Any donations you would like to make should be made by scanning the QR code or clicking link.

<https://app.parentpay.com/ParentPayShop/Foc/De/fault.aspx?shopid=13512>

LEARNING AT LILLINGTON



What is a knowledge organiser?

A knowledge organiser is a document, usually no more than two sides of A4, that contains key facts and information that children need to have a basic knowledge and understanding of a topic.

Most knowledge organisers will include:

- essential knowledge about a topic or concept, usually laid out in easily digestible chunks
- key vocabulary or technical terms and their meanings associated with the key concept or topic
- quality images such as maps, diagrams and photographs
- features such as a timeline
- famous quotations, if relevant.

Where can I find them?

<https://www.lillingtonprimary.com/our-classes/>

Teachers have placed knowledge organisers on the school website for each class.

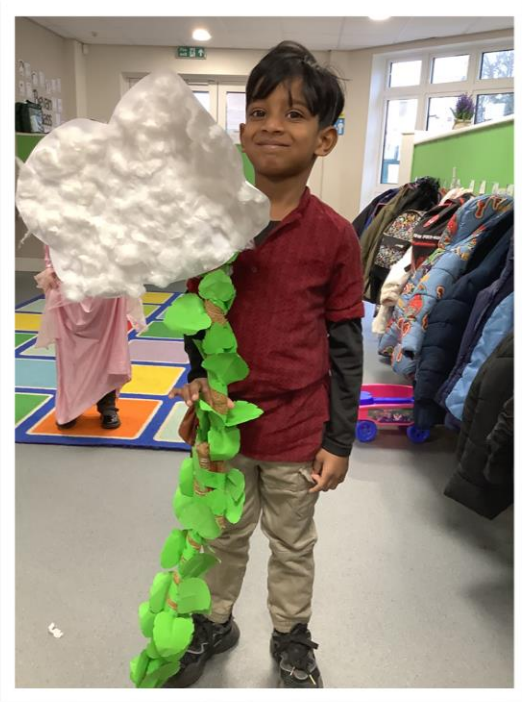
How do they help parents / carers?

Parents / carers will have a better understanding of what their children need to know. They will allow parents / carers to build on their children's knowledge at home and provide an easy tool for parents to quiz children at home (and children to quiz parents).

WORLD
**BOOK
DAY**
7 MARCH 2024







WEEKEND CHALLENGE 3

History Detectives

For the weekend challenge this week, we will be focusing on history. Miss Porter would like you to research a local person of interest - Turpin, Shakespeare, Jephson or Whittle are some names for inspiration.

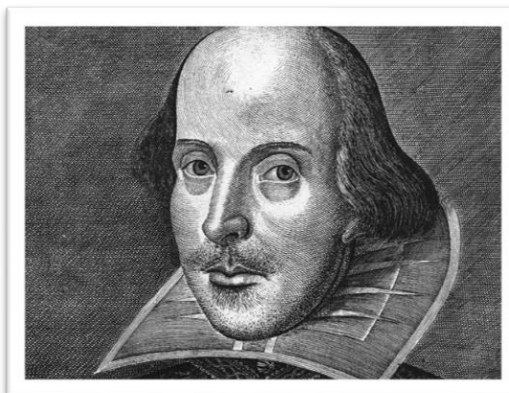
You can draw a picture, create a non chronological report, show off your computing skills and create a PowerPoint or see if you can write a set of clues for us to try and guess who your person of interest is.



Dr Henry Jephson



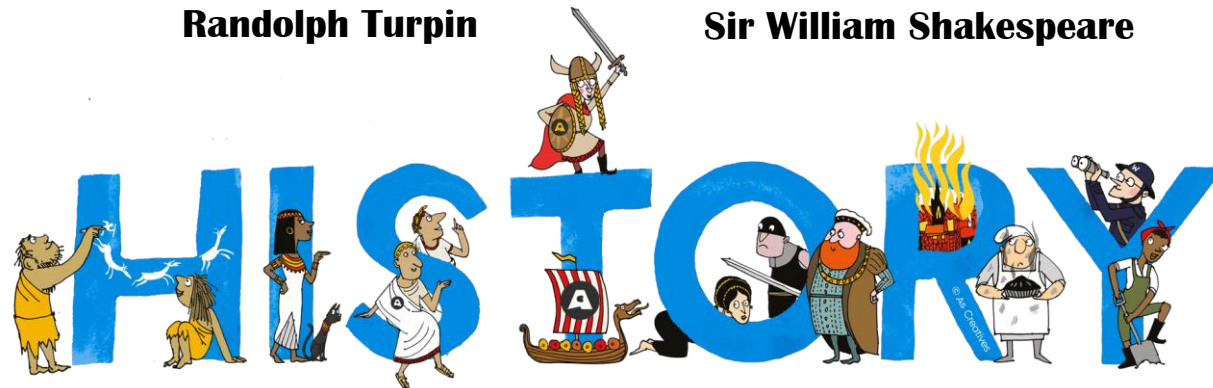
Randolph Turpin



Sir William Shakespeare



Sir Frank Whittle

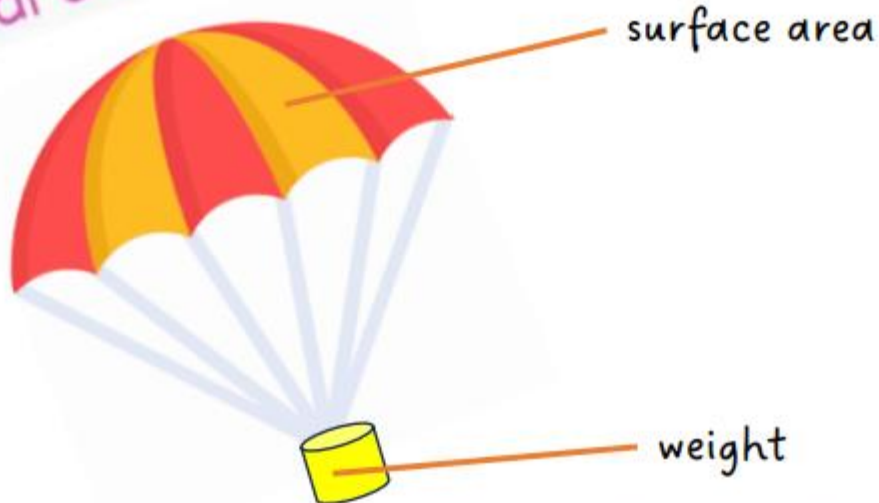


WEEKEND CHALLENGE 2

Here is a lovely science activity you can do at home. Children of all ages can have a go, but you will need adult supervision as scissors will be needed. I would love to see some pictures of your parachute creations, please email them to the office: admin@lillingtonprimary.com.

Awe and Wonder Plastic Bag Parachutes

You will need:  A square of plastic bag material  A plastic person  String  A hole punch  Scissors



The Science Bit

When you release the parachute the weight pulls down on the strings and opens up a large surface area of material that slows down the person. The larger the surface area the more air resistance and the slower the parachute will drop.

Method:

1. Cut off across the corners of the square, creating an octagon shape.
2. Hole punch in the middle of each side.
3. Put a piece of string through each of the 8 holes and tie.
4. Gather the 8 pieces of string together and tie to your plastic person.
5. Cut out a small circle from the centre of your parachute to let air pass through gently.
6. Get up somewhere high, on top of a climbing frame or up some stairs.
7. Hold the centre of your parachute, with the person underneath. Let go and watch how they travel to the ground.
8. Does the parachute open? Does the person travel fast or slow? Does the person go straight down or to one side? Does it spin? What could you do differently?

WEEKEND CHALLENGE 1

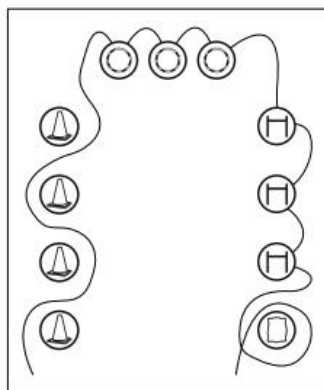
Blindfolded Obstacle Course Orienteering Activity

Equipment: blindfolds – per pair; cones, low level hurdles, hoops, beanbags

Preparation and set-up: Use the equipment to set up a range of different courses for the children to direct their partner through - see the example course shown.

What to do:

- Organise the children into pairs, with a blindfold per pair.
- Prior to having a go at the obstacle course blindfolded, let the children familiarise themselves with wearing a blindfold and directing one another. The first command they should practise is 'Stop'.
- Use one of the courses, already set up, to explain the activity.
- Children take it in turns to direct their blindfolded partner through the course.
- The aim is for the blindfolded child to work their way through the course, without touching the equipment.
- Encourage the use of directional language, such as forwards, backwards, left and right.



KEY



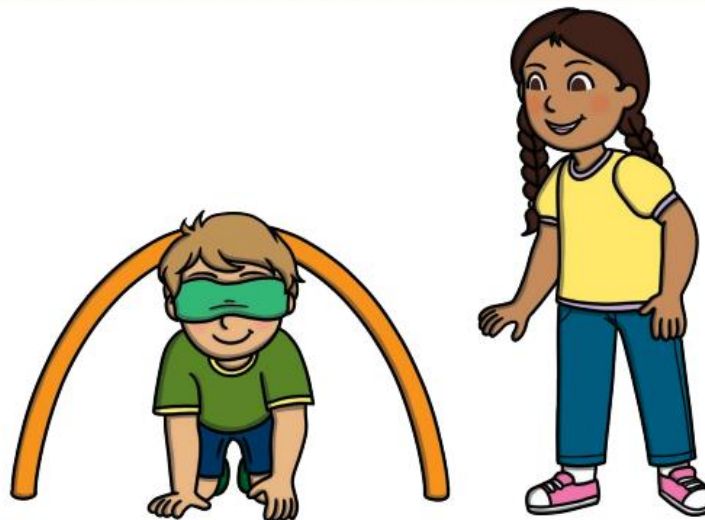
Directions:

1. Zigzag in-between the cones.
2. Step inside each of the hoops.
3. Step over the hurdles.
4. Walk 360° around the beanbag.

Differentiation:

- The courses that you set up can be as easy or as challenging as you wish to make them, by varying the number of obstacles you include and how close together or far apart the equipment is laid out.
- Add a timed element for completing the courses. For this, you may want to have several smaller courses set out. To ensure safety, emphasise that the children are racing against a clock and not other pairs.
- Children set up their own courses, to gently guide their partner through.

Emphasise to children the importance of always keeping their blindfolded partner safe, by getting them to stop if there are any objects or obstacles in their way that might be a trip hazard or that they could bang into.




Here you'll find a super simple and easy to use blindfold challenge for your own children.


This orienteering activity is a perfect way to encourage teamwork with your children, as they partner up and guide each other through the activity.

It is also the first steps into simple computer programming!

IT'S EXCITING TO NOTICE AND CELEBRATE



Congratulations to Peake class who achieved the highest attendance in Key Stage 1 this week **99.6%**



Congratulations to Maple Class who achieved the highest attendance in Key Stage 2 this week **96.3%**



Overall school attendance this week is below our target of 95%.
Total school attendance was **93.8%**

Childcare

The logo for 'Childcare Choices' features the word 'Choices' in a playful, multi-colored font (blue, red, green, orange, purple) with a white outline, set against a dark green background.A small white rectangular box with a thin black border containing the text 'Help for Households' in a dark green font.

Apply now to get 15 hours childcare for your 2-year-old to start in April

Applications for 15 hours childcare are now open for eligible working parents in England with a child who turns two on or before 31st March. Parents can apply for their hours on [gov.uk](https://www.gov.uk) to get their code and then share it with their childcare provider. To continue receiving the government support, they will need to reconfirm their details every three months on their gov.uk account.

From **September 2024**, 15 hours childcare will be expanded to eligible working parents in England with children between 9 and 23 months old. From **September 2025**, eligible working parents in England with children between 9 months up to school age will have access to 30 hours childcare.

This comes alongside the existing government childcare support, including **30 hours for 3- and 4-year-olds**, **Tax-Free Childcare** and **Universal Credit Childcare**. Parents might be able to use more than one offer to help with their childcare costs.

Childcare is also expanding for primary-school children – from September 2024, parents in England are expected to see an expansion in the availability of childcare in their local area before and after school, that runs from 8am until 6pm or later, also known as **'wraparound childcare'**. If you are eligible for Tax-Free Childcare or Universal Credit Childcare, you can use the support to help pay for wraparound childcare.

Visit Childcare Choices to see what support you might be eligible for, now and in the future, so you can juggle work and life:

<https://www.childcarechoices.gov.uk/>

NURSERY 2 YEAR OLDS

This week Mother Teresa have been learning the importance of looking after our teeth through singing the nursery rhyme.



This is the way we brush our teeth



NURSERY 3 YEAR OLDS



This week we have been looking at floating and sinking. We have been doing lots of building outside and have made our cards for someone special.



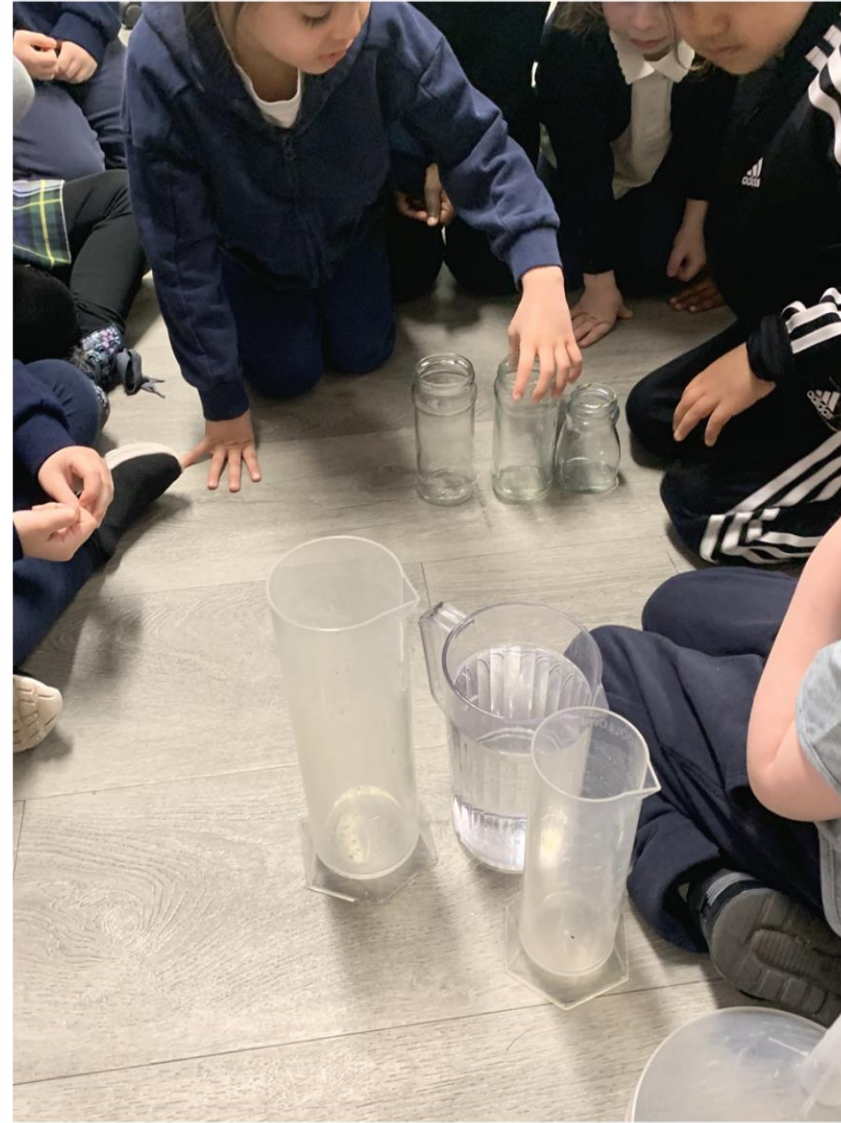
RECEPTION - BEVAN

Reception had a fantastic World Book Day and they all looked fantastic in their costumes. We welcomed lots of parents for our story session, as well as listening to the author of the JoJo and GranGran stories reading one of her stories.



YEAR ONE - DARWIN

Year 1 have continued to explore capacity in maths this week, focussing on using the correct mathematical vocabulary. Today they have investigated different sizes of jar and some children even started to measure in ml.



YEAR TWO - PEAKE

Year 2 really enjoyed showing their parents and carers our school library. Thank you for coming into school.



MAPLE CLASS

Making Coleslaw



Cutting cabbage



Grating carrot



Slicing celery



Mix it up



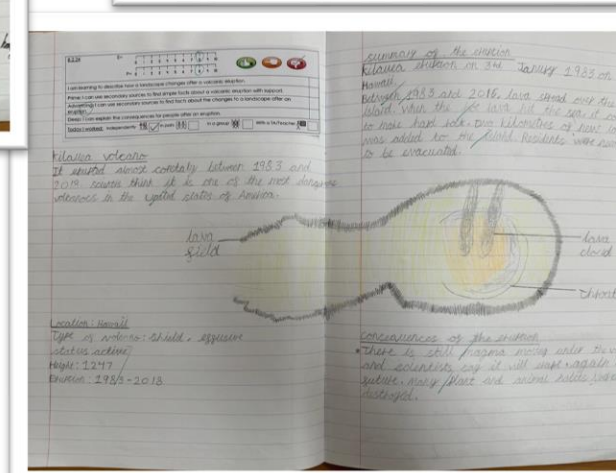
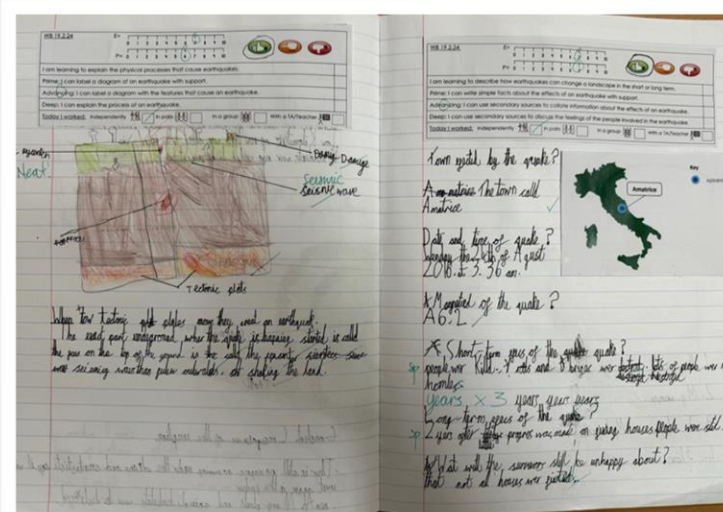
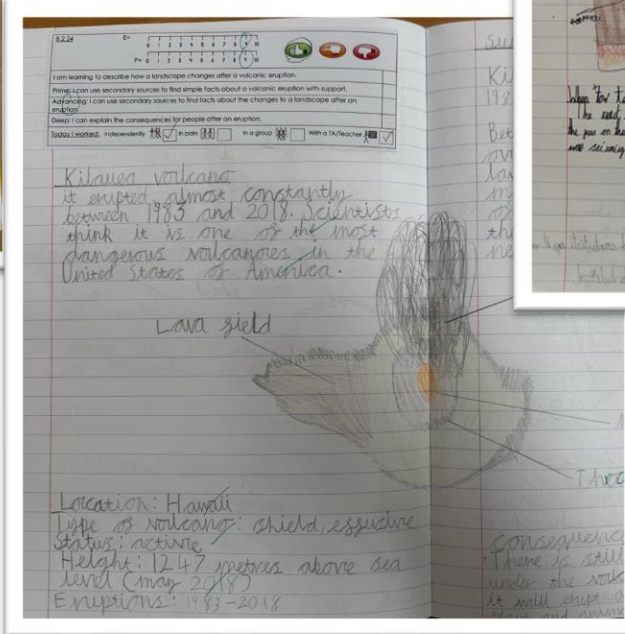
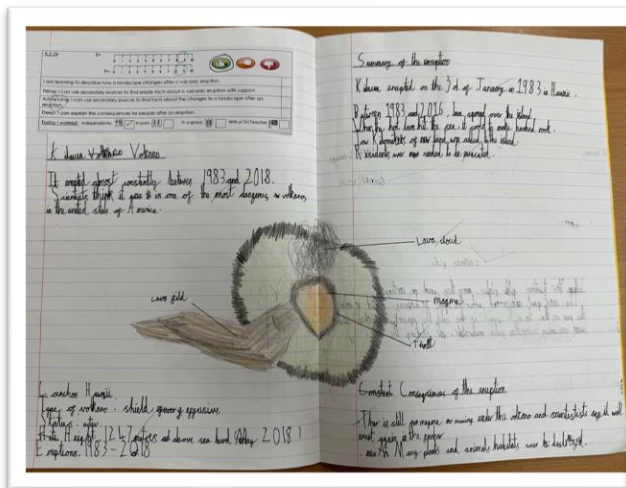
Tasting



Washing up

YEAR THREE - DREW

Year 3 have been diving in deep with geography. We have been learning about how volcanoes can temporarily and permanently change a landscape; we focused on the Kilauea Volcano in Hawaii and analysed how it has altered its environment. We created a double page spread and children extracted the key information from this case study and drew a wonderful labelled diagram. We have also looked at how earthquakes can change a landscape, we looked at the Italian town of Amatrice which suffered a devastating earthquake in 2016. Children were shocked with the before and after pictures of the earthquake - please have a look here: <https://shorturl.at/vRUXY>.



YEAR SIX - FITZGERALD

This week in Fitzgerald, the children have been exploring Inuit art through block printing. After making careful and detailed impressions into their Styrofoam boards, they used their knowledge of the colour wheel, tints, tones and shades to create both engaging and authentic effects with rollers.





LSPTFA



SAVE THE DATES



Summer Fete
Saturday
29th June



LSPTFA AGM
Thursday
11th July



Fireworks Night
Friday
8th November

Sainsbury's Voucher
OR £1,000 CASH PRIZE



LILLINGTON SCHOOL
P.T.F.A.



- Tickets cost just £1 a week
- Chance to win up to £25,000
- Play weekly, or just play the Super Draw!
- Win £1,000 to spend in Sainsbury's

PLAY NOW:
Go to
www.yourschoollottery.co.uk
Search for: Lillington School



18+ GambleAware

See website for Terms & conditions. Enter by 30/03/24

HUGE THANKS to parents and teachers who helped out at our two movie afternoons this week and especially to the children who came. We hope everyone enjoyed the films. Look out for how much we raised in the newsletter next week!

NON-UNIFORM DAY - Thursday 21st March. Please bring **CHOCOLATE** to come in your own clothes. We will be making up chocolate hampers as prizes for our first family **CHOCOLATE BINGO** event to be held after school next term - date to follow.

The next PTFA meeting is on Thursday 14th March on zoom. If you'd like to attend - to join in & make suggestions of what we could do next or just watch and listen- please email Lucy at chairlsptfa@gmail.com for the zoom link.



NOTICES



Craft



LIFE COMMUNITY CHURCH

SATURDAY 6TH APRIL

12PM-2PM

ALL AGES WELCOME

FREE!

SIGN UP ESSENTIAL

CHILDREN MUST BE ACCOMPANIED

BY AN ADULT AT ALL TIMES

FOLLOW US ON :INSTAGRAM: @LIFECCHURCHUK

FACEBOOK:@LIFECCHURCHUK

EMAIL: KIDS@LIFE-CC.ORG

Lunch

Sign up here!



STAY AND PLAY FOR PARENTS STRUGGLING WITH THEIR MOOD OR MENTAL HEALTH IN PREGNANCY OR FOLLOWING THE BIRTH OF A BABY

EVERY MONDAY @ THE GAP COMMUNITY CENTRE

OAKWOOD GROVE, WARWICK, CV34 5TD

10:30AM - 12:00PM

Run by friendly mums who all have lived experience of perinatal mental illness & now want to help support others

No pressure to talk!

Meet other mums & babies in a relaxed setting

Pre-meets available so you have a friendly face to look out for.

FREE OF CHARGE TO ATTEND & REFRESHMENTS PROVIDED



hello@bysidesperinatal.co.uk

@ByYourSidePerinatal

"Even if I'm having a bad week I feel able to come here without having to worry I'm being judged"

- By Your Side Mum



FURTHER NOTICES



Autism Acceptance Week 2024

2nd of April – 8th April

Come along to the Brunswick Hub on Wednesday 3rd April for poster making and displaying – adults and children both welcome.

Bright coloured outfits encouraged!

Just turn up or email Hannah on hannah.stear@brunswickhlc.org.uk for more information. If you would like to be involved but are unable to attend in person, you can email in quotes about what Autism means to you, which will be displayed on some posters.



Brunswick Hub,
98-100 Shrubland Street, Leamington Spa, CV31 3BD

LAMP

New MUSIC

new faces

Free music club for neurodivergent young people

Age 14-25

At Leamington LAMP
Leamington Spa
Adelaide Road
CV32 5AH

The club can be contacted directly on **01926 886699**.



FURTHER NOTICES



THE STRINGS CLUB

JOIN OUR AWARD-WINNING HAF HOLIDAY CAMP THIS EASTER

Easter 2024

Tue 2nd April - Fri 5th April

Lillington Primary School
CV32 7AG

Book your child a place today



WWW.THESTRINGSCLUB.ORG



EYFS Ofsted registered



School Holiday Sports Clubs



#SMASH24

AGES 5-13

SUPER MULTI ACTIVITY SPORTS HOLIDAYS!

9:30AM TO 3:00PM

£20 Per Day (without HAF code)

2nd April - 5th April

Free Holiday Club*



- FOOTBALL
- ATHLETICS
- DANCE
- CRICKET
- GOLF
- RUGBY
- TENNIS
- ARCHERY
- NETBALL
- YOGA
- AND MUCH MORE...



FREE FRUIT ALL DAY

*Children must have a valid HAF code issued to them by Warwickshire County Council to access the activities free of charge.

FULLY QUALIFIED DBS CHECKED COACHES

Cubbington Primary School, Church Hill, Cubbington CV32 7JY

For further information and booking details please contact Sarah on 07967751785 or at cubbingtonsmash@nwactive.org.uk

Find us on Facebook & Twitter  

Learn to Ride with



CYCLE INFINITY CIC

One to one sessions, making learning to ride or building confidence fun & achievable for everyone.

10 x £50 vouchers available towards a bicycle from



30 min sessions

10 sets of 5 Learn to Ride or Confidence Building sessions available

Sessions and vouchers Available through Warwick District Council Grant for sport and Leisure



For enquiries and bookings, please contact Simon: hello@cycleinfinity.co.uk www.cycleinfinity.co.uk



THE BICYCLE BUS DR BIKE COACHING LEARN TO RIDE IMPROVER SESSIONS MAINTENANCE WORKSHOPS
MEDICAR SERVICES @CARGO LOGISTICS



FURTHER NOTICES



From £12 per day
6 Great Locations!



Easter Holiday
 Get Your Kids Active
 25th March - 5th April 2024
 Years 1 to 8

Whitsun Half Term
 Get Your Kids Active
 28th - 31st May 2024
 Years 1 to 8

BOOK NOW!
 online at www.kitsacademy.com
 for more information
 Call us on 07772 873271
 Email us at bookings@kitsacademy.com

HAF
 Your child may be accepted for free places under the Holiday Activities and Food (HAF) Programme. Contact us to verify your eligibility. *Available for Easter only.

Please ensure your child has two refillable drink bottles and a lunch.

Early Drop off
 8:30am
 Just £4.00 extra

Drop off
 9:00am - 9:30am

Pick up
 3:00pm - 3:30pm

Late Pick up
 4:30pm
 Just £5.00 extra







6 Great Locations!

BEWDLEY - MULTISPORTS
 Bewdley Primary School, DY12 1BL

Coventry - MULTISPORTS
 Coundon Primary School, CV6 1FQ

DROITWICH - MULTISPORTS
 Wychbold First & Nursery School, WR9 7PU

NUNEATON - MULTISPORTS
 Park Lane Primary School, CV10 8NL

RUGBY - ARCHERY & FENCING, TRAMPOLINING & GYMNASTICS, Rugby College, CV21 1AR FOOTBALL, DANCE, MULTI SPORTS

WARWICK - DANCE, MULTI SPORTS
 All Saints Junior School, CV34 5LY

*Whitsun Half Term RUGBY - DANCE, MULTISPORTS

BOOK NOW! online at www.kitsacademy.com
 For more information Call us on 07772 873271 or Email us at bookings@kitsacademy.com
 All parents must pre-book to avoid disappointment.

HAF COUPONS
 (only valid at Easter)

BEWDLEYEASTER24
 COVENTRYEASTER24
 DROITWICHEASTER24
 NUNEATONEASTER24
 RUGBYEASTER24
 WARWICKEASTER24

Early Bird Price From - £12
 When booked before the 1st March 2024



Early Drop off
 8:30am
 Just £4.00 extra - Including a healthy breakfast!

Drop off
 9:00am - 9:30am

Pick up
 3:00pm - 3:30pm

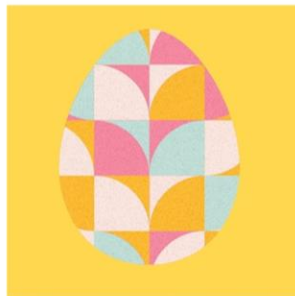
Late Pick up
 4:30pm
 Just £5.00 extra

EASTER: All children will be provided with lunch. Please ensure your child has two refillable drinks bottles.



FURTHER NOTICES



ARTLAB EASTER ART CAMP

KIDS CRAFTING WORKSHOP

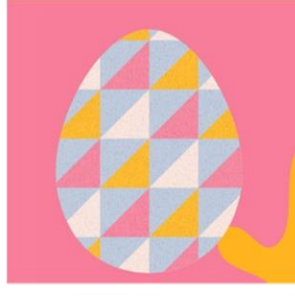
Looking for a fun and creative way to celebrate Easter? Look no further! Our Easter Workshop is the perfect place for kids to have a blast and unleash their creativity.

WHERE: MILVERTON PRIMARY SCHOOL
GREATHEED ROAD, LEAMINGTON SPA,
CV32 6ES

WHEN: 10AM-2PM MARCH 26-27-28

COST: £35 PER DAY
HAF APPROVED

Easter Art Camp is open to children aged 4 to 11 years
www.artlabart.com/book-online



FUN | INCLUSIVE | EDUCATIONAL EASTER FUN DAYS

SWIMMING, MULTI SPORTS, CLIP 'N CLIMB, PERFORMING ARTS, ARTS & CRAFTS, NERF WARS,
LASER TAG, POOL TABLE, BOUNCY CASTLE, ESPORTS, LEGO BUILDING & MORE!

Week 1: Monday 25th March – Thursday 28th March
Week 2: Tuesday 2nd April – Friday 5th April



Newbold Comyn Leisure Centre
Newbold Terrace East, Leamington Spa CV32 4EW
9.00am – 4.00pm
Early drop off from 8am, late pick-up until 5pm

OPEN TO CHILDREN AGED 5 (SCHOOL YEAR 1) - 12
FROM £27.50 PER DAY!

Discounts for siblings & full week booking - please see booking page for details.

We accept Childcare Vouchers, Tax-Free Childcare & we are OFSTED registered!

Please bring: Lunch, Snacks, Waterproof Clothing & A Refillable Drinks Bottle.

Accepting HAF bookings if your child is eligible for free school meals

For more information,
call 01344 508008 or email letsplay@play-sport.co.uk
Book online: www.lets-play.org.uk

@LPlayUK @LetsPlay_UK

Easter Skills & More Activity Camps!

brought to you by SKILLS and MORE... a Career Seekers Direct (based in Hatton) initiative.



Calling all active 4 to 12 Year Olds!

Monday 25th to Thursday 28th March &
Tuesday 2nd to Thursday 5th April.
9 am to 4pm each day!
At Racing Club Warwick, CV34 6JP



There is no time to be bored this Easter with our
wide range of activities including:

- Team building games
- Baking
- Arts and Crafts
- Sports and active games
- Drama
- Cinema

Only
£35
Per Day!
Incs
drinks & snacks



Payment required at least 24
hours before attendance

BOOK ONLINE TODAY

We cater for everyone's ability. With fantastic indoor and outdoor facilities,
even if the weather is bad we have lots of indoor activities.



www.skillsandmore.co.uk

skillscamps @skillsandmoreholidayclub @skillsandmore2



FURTHER NOTICES



COVENTRY & WARWICKSHIRE YOUTH ORCHESTRA

COVENTRY CHAOS

TICKETS
ADULTS £13
CONCESSIONS £7
FAMILY £30



<https://www.trybooking.com/uk/DCGB>

PERCUSSION: DAVE MARSHALL BARRETT
CONDUCTOR: JOE DAVIES



A COLLABORATIVE CONCERT FEATURING
THE PREMIERE OF A NEW PIECE
FOR THE CITY WITH YOUTH MUSIC
GROUPS ACROSS COVENTRY

16TH MARCH, 7PM
METHODIST CENTRAL HALL, COVENTRY, CV1 2HA



This concert would not be possible without the generous support of Lions Clubs from across Coventry and Warwickshire

Coventry Chaos Concert at Saturday 16th March, 7:00 p.m.

Admission £13 Adult, Concession £7, Family £30

Coventry & Warwickshire Youth Orchestra in concert with SoundLab

We are extremely excited to announce a very special musical collaboration will take place at Coventry Methodist Central Hall when the Coventry & Warwickshire Youth Orchestra will join forces with the SoundLab in concert and featuring the percussion of Dave Marshall Barrett. This is the third concert of CWYO in this season.

Tickets can be bought online, please visit our website to see how to buy and keep up to date with future concerts:

<https://www.cwyo.org/concerts>

CWYO will be conducted by Joe Davies to perform a collection of new and old pieces from CWYO and SoundLab, inspired by the city of Coventry. The programme will include classical orchestral favourites such as: Pirates at World's End by Hans Zimmer, How to Train Your Dragon and concertos from Mozart and Shostakovich.

The new pieces will be from our talented young musicians including a Cinematic Rhapsody, a tribute to Ghost Town and our collaborative composition – Coventry Chaos!

Since its inception in 1961, the City of Coventry Youth Orchestra has steadily grown in reputation and stature both nationally and internationally. In January 2015 it was joined by members of the Warwickshire County String Orchestra to form the new Coventry & Warwickshire Youth Orchestra. The primary goal of the orchestra is to enrich the lives of participating young musicians and audiences through the enjoyment of rehearsing and performing orchestral repertoire at the highest possible level.

SoundLab is a centre for creative music making in partnership with the Royal Birmingham Conservatoire, Coventry Music and Coventry University. The vision is to create space for all young people to be creative in their music making, whilst seeking diversity in musical genre, pathway to music instruments, vocal styles and culture. Removing the barriers to enable all who wish engage the opportunity to do so. SoundLab COV is for 10-16 year olds who have range of musical interests and styles including spoken word, dance, electronic, jazz, classical and more.

This concert would not have been possible without the generous support from Lions clubs from across Coventry and Warwickshire.



FURTHER NOTICES



Fussy Eating Workshop

Change Makers are running workshops supporting parents with children who display fussy eating behaviours'. The workshop will cover the Eatwell Guide, top tips and practical advice on reducing fussy eating behaviour's.



Sessions are 1 hour long



Held in school & over zoom



Sessions are FREE

If you would like to join, please contact us via email or phone.

Katherine.Andrews@rugby.gov.uk

07884 564403



Join the largest and most successful
Tae Kwon-Do Association **TODAY!!!**
NEW CLASSES START SOON
GET FIT, BE HEALTHY, FEEL SAFE

Monday & Wednesday
Heathcote Primary School
Vickers Way, Warwick,
CV34 7AP

Thursday
Southam Club

Friday
Wellesbourne Primary School
Mountford Close,
Wellesbourne,
CV35 9QG

Tuesday
Lillington Free Church
Cubbington Road,
Leamington Spa,
CV32 7AL



Call for
further details:
07850 327 507
cassieoury@hotmail.co.uk
www.cotkd.co.uk



Join the

SPA PRAMBLERS



buggy walking group for parents in Leamington

All Mums & Dads with babies under 6 months are welcome to join this group. The walk will be at a gentle pace with no one left behind. Connect with other parents, learn from each other and receive information and advice from health professionals.

Funding has been awarded for this project by Warwick District Council



30-45 minute walk on Mondays meet at 9:50am (walk at 10am) - starting 5th February outside Waterside Medical Centre

Walks will start from two locations:

- **Waterside Medical Centre** (CV31 2BB) on **Mondays** (excluding bank holidays), **except for the last Monday of the month**
- **Warwick Gates Health Centre** (CV34 6DZ) on the **last Monday of the month** (excluding bank holidays) which will include a guest speaker

Guest Speakers at the last walk of each month

After the walk, we will go to **Heathcote Community Centre** (opposite Warwick Gates) where there will be tea & coffee and a guest speaker, talking about a post-natal related topic. The first topic is **perinatal mental health** on 26th February. Future topics likely to include: common illnesses, self-care, being active, baby first aid and post-natal yoga.

Upcoming Talk Dates:

- 26th February 2024
- 25th March 2024
- 29th April 2024
- 24th June 2024
- 29th July 2024
- 30th September 2024

Travel Info

Both practices can be accessed by foot, bus or car.

Waterside Medical Centre:

Nearest bus stop: opposite and adjacent Court Street
Car: Free, limited parking at the practice. Free 2 hour on-street parking on Radford Road. Paying car park: Court Street (min charge £1, max charge £5. Card and Ring-go payments only. Location code: 25858.

Warwick Gates Health Centre:

Nearest bus stop: Heathcote Lane
Car: Free parking at Warwick Gates Health Centre and Heathcote Community Centre. Free surrounding on-street parking.





FURTHER NOTICES



iSing iDance iAct Theatre School

brings you...



iSDA Adventurers!

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Ages 3 - 6

All Saints CofE Junior School, CV34 5LY

🕒 Thursday 4.30pm - 5.30pm 📍

Aged 6+? Do not panic we run a Senior School too - Thursday's 5.30pm - 7.45pm!

✉ **iSDATheatreSchool@hotmail.com**

📱 iSDATheatreSchool 📷 isingidanceiacttheatreschool

Contact us for a **FREE trial!**



NEW Health & Wellbeing

DROP IN

SESSIONS

The Health & Wellbeing team will be hosting a drop in session every Wednesday afternoon for those that would like their help & support.

1 - 3PM

They can offer advice and help with a variety of matters including:

- + Wellbeing support + Benefit checks
- + Filling in forms + Housing issues
- + Foodbank & related resources

Starts Wednesday 10th January 2024

FOR MORE INFORMATION, CALL 01926 422123



98-100 Shrubland Street, Leamington Spa, CV31 3BD

Let your children know we are the good guys and will protect them.

Parents

Don't make your children scared of the police

Please don't tell your children that the police will 'lock them up' or 'catch you if you are naughty'. **We want children to come to us if they are scared, lost or in danger, not run away from us.**



Children

The police will keep you safe

If you are in trouble, lost or scared, the police can help. We're here to catch the baddies and to protect you. Please don't be scared of us. If you see us in the street give us a wave.



www.warwickshire.police.uk
📱 warwickshirepolice 📷 @warkspolice 📷 @warwickshirepolice



FURTHER NOTICES



Preparing for school

Is your child over three years of age?

Warwickshire Health Visiting service are offering informative online group sessions to help prepare you and your child for starting school.

For more information and to book a session please scan the QR Code



Or Visit <http://tinyurl.com/5n6kdehp>

Or Ring: 01926 567141



Brunswick Hub News

JAN-MAR 2024

Please see attached the email the Brunswick Hub Newsletter, also via the following link:

[First Newsletter of 2024 – Brunswick Hub \(brunswickhlc.org.uk\)](https://www.brunswickhlc.org.uk)

You can also see details of new services and updates of existing services on their FB Page:

www.facebook.com/Brunswickhlc or <https://brunswickhlc.org.uk>



FURTHER NOTICES



Please find below the Parenting Project February Newsletter:

<https://mailchi.mp/add52ed90a7a/parentingprojectfebruary-2024-newsletter-13573044>

Kingsway Children & Family Centre, Baker Avenue, Leamington Spa CV31 3HB, Telephone : 01926 336793

www.barnardos.org.uk

Follow us on Facebook at: <https://en-gb.facebook.com/warwickchildrenscentres/>

Follow us on Instagram at: <https://www.instagram.com/warwickcfc/>

To register with the Children and Family Centres please click [here](#)

BARNARDO'S WARWICKSHIRE
CHILDREN AND FAMILY CENTRES

A coordination of services for children and families 0-19 and upto 25 with SEND.



MENU - WEEK 3

[Educaterers - Please click here to see your school menu](#)

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

educaterers[®]

A FOOD STORY

CHOICE/JKT/COLD
October 23

Weekly Menu

Week one

Warwickshire, Coventry: 20/11, 11/12, 15/01, 05/02, 26/02, 18/03
Oxfordshire: 30/10, 20/11, 11/12, 15/01, 05/02, 26/02, 18/03
Leicestershire: 30/10, 20/11, 11/12, 15/01, 05/02, 26/02, 18/03

MONDAY

Choose a main meal...
(h) Chicken Biryani with vegetables (su)

(v) Cheese and Tomato Pizza Wedge with Potato Wedges (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Homemade Chocolate Cracknel (G)
(v) Yoghurt (D) or Fresh Fruit

TUESDAY

Choose a main meal...
(h) Minced Beef Burrito with Herby Diced Potatoes – mildly spiced minced beef, salad and grated cheese in a wrap (D.G)

(vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Tuna Mayonnaise Bap (F.E.G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
Jelly with fruit
(v) Homemade Crunch Cookie (G)
(v) Yoghurt (D) or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**
British Roast Gammon Steak with Gravy

(vg) Quorn Roast with Gravy (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Roast Chicken Bap (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Homemade Chocolate, Pear & Apple Crumble with Custard (G.D)
(v) Ice Cream (D)
Fresh Fruit

THURSDAY

Choose a main meal...
Chicken Burger in a High Fibre Bun with Spicy Wedges (G)

(v,h) Tomato Pasta Bake with Freshly Baked Wholegrain Baguette (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Ham Bap (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Mini Waffle with Toffee sauce (G.E.D.SB)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**
(msc) Breaded Fish Fillet Fingers (F) with Chipped Potatoes

(v,h) Vegetable Crumble with a Cheesy top (G.D)
Chipped Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Egg Mayonnaise Bap (G.E)

On the side...
Fresh Salad Bar
Peas or Baked Beans

For dessert...
(v) Cheddar Cheese, Crackers and Apple Wedges (G)
(v) Ice Cream (D)
Fresh Fruit

Week two

Warwickshire, Coventry: 06/11, 27/11, 18/12, 22/01, 04/03
Oxfordshire: 06/11, 27/11, 18/12, 22/01, 04/03, 25/03
Leicestershire: 06/11, 27/11, 18/12, 22/01, 12/02, 04/03

MONDAY

Choose a main meal...
British Pork Sausages with Gravy & Mashed Potatoes (G.SU)

(v,h) Cheese and Baked Bean Paste with Diced Potatoes (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Homemade Flapjack with Fresh Fruit Wedges (G)
(v) Yoghurt (D) or Fresh Fruit

TUESDAY

Choose a main meal...
(h) Chicken & Sweetcorn Pasta Bake with Garlic Bread (G.D)

(v) Plantball Melt with Potato Wedges – plantballs in a finger roll topped with rustic tomato sauce and grated cheese (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Roast Chicken Bap (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Strawberry Mousse with Fruit (D)
(v) Ginger Cookie (G)
Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**
British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)

(vg) Quorn Roast with Gravy (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Tuna Mayonnaise Bap (F.E.G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(vg) Homemade Jam Tart with Custard (D.G)
(v) Chocolate swirl Mousse (D)
Fresh Fruit

THURSDAY

Choose a main meal...
(h) Chicken and Country Vegetable Pie with Herby Diced Potatoes (G)

(vg) Quorn Dippers with Herby diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Ham Bap (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Homemade 'School Favourite' Sprinkles Sponge Cake (G.E)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**
(msc) Salmon and Sweet Potato Fishcake (G.F) with Chipped Potatoes

(v) Cheese and Tomato Pizza Wedge with Potato Wedges (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

On the side...
Fresh Salad Bar
Peas or Baked Beans

For dessert...
(v) Homemade Shortbread (G)
(v) Yoghurt (D) or Fresh Fruit

Week three

Warwickshire, Coventry: 13/11, 04/12, 08/01, 29/01, 19/02, 11/03
Oxfordshire: 13/11, 04/12, 08/01, 29/01, 19/02, 11/03
Leicestershire: 23/10, 13/11, 04/12, 08/01, 29/01, 11/03

MONDAY

Choose a main meal...
(vg) Veggie Sausage with Gravy & Mashed Potatoes

(v,h) Mac 'n' cheese with Freshly Baked Wholegrain Baguette (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Homemade Jammy Cookie (G)
(v) Yoghurt (D) or Fresh Fruit

TUESDAY

Choose a main meal...
(h) British Beef Bolognese with Garlic Bread (G/cheese D)

(vg) Veggie Plant burger in a High Fibre Bun with Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

Tuna Mayonnaise Bap (F.E.G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Homemade Toffee Apple Sponge with Custard (D.G.E)
(v) Yoghurt (D) or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**
British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Quorn Roast with Gravy (G)
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

British Roast Chicken Bap (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
(v) Homemade Chocolate Crunch with Pink Custard (G.D)
Fresh Fruit

THURSDAY

Choose a main meal...
Gluten Free British Pork Meatballs in a Rustic Tomato Sauce with Pasta (SB.SU.G)

(v,h) No Beef Taco with Spicy Potato Wedges – Taco shell filled with mildly spiced quorn vegan beef strips, salad and grated cheese (D.E)

Jacket Potato – (v) Cheese (D), Tuna (F.E) Baked Beans

British Ham Bap (G)

On the side...
Fresh Salad Bar
Vegetables of the Day

For dessert...
Jelly with Fruit
(vg) Homemade Carrot & Orange Cookie (G)
(v) Yoghurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**
(msc) Gluten Free Breaded Fish Fillet (F) with Chipped Potatoes

(v,h) Cheese and Potato Pie with Freshly Baked Wholegrain Baguette (D.E.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

(v) Cheddar Cheese Bap (G.D)

On the side...
Fresh Salad Bar
Peas or Baked Beans

For dessert...
(v) Homemade Oaty Shortbread (G)
(v) Ice Cream Tub (D)
Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.

ALLERGEN KEY

G = Gluten / Wheat
V = Vegan
N = Nut
S = Sesame

F = Fish
M = Mustard
SU = Sulphur

D = Dairy
E = Egg
SB = Soya



Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.

Please remember to tell school if your child has an allergy or food intolerance. Thank you!